



We're pleased to introduce
a new Wellness Program:

Picking up the Pieces for cancer survivors



How do you move forward with your life after you have been affected by cancer?

This practical program offers an opportunity to come together and share feelings, hopes and fears and will provide tools and resources to move forward post cancer treatment. Sherri Magee's book "Picking Up the Pieces: Moving forward after surviving cancer" will be used as the vehicle for discussion.

Picking Up the Pieces runs for ten weeks at Hospice King-Aurora.

Other Wellness Programs available: Art Therapy, Yoga, Music Therapy, Reiki, Reflexology & Bowen. All are facilitated by certified professionals.

All programs & services are offered free of charge.
Donations are welcomed.

For more information or to register, contact:
Trish Seguin, Visiting & Wellness Programs
(905) 773-0155 x22
or **email** t.seguin@hospicekingaurora.ca

Hospice King Aurora offers specialized services and support to those living with life-threatening illness, the people who care for them and those who are bereaved

Care ♥ Compassion ♥ Support

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